

COMMUNITY CLASS - RETURN TO BTC INFORMATION

INTRODUCTION

- All of the information below is in accordance with government, BG and Brakenhale School guidelines.
- All parents/guardians and adult community class attendees are required to have read these guidelines and the risk assessment before returning to the centre.
- NB - The point of contact for all, parents/guardians and adult community class attendees, should you have any Covid19 specific enquiries/concerns, will be Toni Horton. Please contact Toni at toni.horton@edgbarrow.co.uk or telephone her on 07801945142

RETURN TO TRAMPOLINING AT BTC

- Class times will be staggered in order that classes leave 15 minutes before the next class enters BTC.
- Some community class members may have altered class times, as we can't fit reduced numbers per class plus staggered entry and exit from BTC into our existing times.
- With club in situ as well there will only be a maximum of 32 users in the Centre instead of up to 60 as previously. This will reduce risk to all.
- Class members will not be permitted to touch, hug or 'high five' other class members or coaches.
- The pads of the trampolines, push in mats, door handles, sinks and toilet seats in the centre will be wiped down between all classes with disinfectant.
- All class members will be required to stop immediately and stand still if they hear a whistle blow.
- All class members must cough or sneeze into a tissue or their elbow. Tissues must be disposed of safely.
- Open top bins have been placed in the toilets, the main hall and reception to remove the need to touch bin tops when disposing of tissues, paper towels and rubbish.
- Doors will be open whenever possible to ensure natural air circulation.
- In order for this to work we need your co-operation on time changes and the rules.
- See **Plan 1 & 3** attached.

RISK AND CLASS NUMBERS

- Most class numbers will not exceed 9.
- There will now be three trampolinists to each trampoline to ensure a very quick turnover.
- Many lesson times have been reduced in order to facilitate cleaning between every session. Prices have remained the same as last term in order to cover the additional cleaning and coach costs.
- Return to BTC will be at your own risk and whilst the BTC management has taken every precaution we cannot guarantee a completely risk-free environment. Should you choose for your child/you to return to BTC, BTC management will not accept any responsibility should covid19 be contracted in situ.

COMMUNITY CLIENTS HEALTH

All community class members must help to protect other class members and our coaches from covid19 by acting responsibly. Class members are asked to return only under the following circumstances –

- They have familiarised and consulted BTC's Covid-19 power point document
- They have no current instances of covid19 in their family, house hold or those they have regular contact with..
- Unless returning from a current air bridge destination, they have self isolated for 14 days upon return from abroad.
- They are completely well and have recovered from any ailment for longer than 24 hours (including headaches).
- It is known that children can have covid19 with no other symptoms other than loss of smell or taste. They should not return if they have a loss of smell and taste or any other symptoms such as difficulty in breathing, high temperature or cough.

- Any class member displaying symptoms will be asked to leave. Parents of minors will be contacted to collect their child from reception. Such class members are required to be tested and isolate as per government guidelines.
- Due to the NHS test and trace service, BTC management may have to provide personal details (names and contact numbers) of community class members to the NHS test and trace if they request it.

CONTRACTING COVID19

- Should a class member or their family contract Covid-19 they will be required to contact us immediately.
- See the ETC Covid-19 power point document.

PLANNING WHAT TO BRING TO YOUR CLASS

- All class members will bring with them a plastic bag that must be cleaned each time before returning to their class or a similar size bag which is easily cleaned.
- All of the items they bring to BTC must be stored in their own bag.
- Shoes must be removed in reception and placed into the bag.
- Everyone's bag must contain hand gel, tissues and full water bottle (bottles can't be re-filled at the centre).
- You may put in the bag other essential items including for example, spare contact lenses and phones.
- PPE of choice may be included in the bag.
- Bags may only contain items necessary for the duration of your class.
- As class members move within their training bubble they will take their bag with them.
- Class members must not share any personal items with any other class member.

PARKING

- Visitors must access BTC via the Coningsby entrance.
- Parking is allocated beyond the centre on the right hand side.
- Visitors must drive slowly
- Visitors must not park in the disabled bay unless a blue badge holder
- Visitors must not park in front of the green gates.
- No cars may be parked out of parking bays or to restrict emergency access to the trampoline centre.

ARRIVAL AT THE CENTRE

- All class members are requested to arrive in good time.
- Those arriving late will not be permitted to enter.
- We require that all car park users observe the 2 metre socially distancing ruling.
- Class members must approach the centre socially distanced from the person in front of them. It is the responsibility of parents/carers to ensure their children observe this ruling.
- No spectators and non class members will be permitted to enter the reception (except parents/guardians of pre-school daytime classes).
- Class members will be called in one at a time and registered in reception on their way through to the main hall.
- In the event of rain, class members will be required to wait in cars until a coach signals to start approaching the Centre.

PARTICIPANT REQUIREMENTS

- All class members are asked to have washed hands thoroughly before attending the centre and to use their own hand gel when entering the reception area.
- Hand sanitiser will be provided in reception, the toilets and in the main hall, however to reduce costs to BTC we request that class members use their own hand gel wherever possible.
- Class members are not permitted to remove BTC hand sanitiser dispensers from the centre.

- Class members are reminded that they must cough or sneeze into a tissue or their elbow. Tissues must be disposed of into the bins provided.
- BTC will have a stock of available tissues.
- No one will be permitted to change at the centre, so please attend ready for your class.
- Once in reception class members must move in tandem between lines on the floor placed at 2 metre distance. (Similar to the supermarket system).
- Sportswear, socks or trampoline shoes must be worn when training with hair tied back.
- Finger and toe nails must be kept short, no jewellery or articles that could harm a spotter or participant or catch on the equipment may be worn. Piercings must be taped if they cannot be removed.
- Participants must ask before leaving the main hall and must inform the coach if leaving the session early.

PARENTS/GUARDIANS

- Parents/guardians must ensure that participants arrive on time suitably attired and are collected promptly after the session.
- BTC cannot accept responsibility for participants after the session has finished and once the participant has left the main hall.
- Please ensure you let BTC know of any contact number changes.
- Please ensure you let BTC know of any relevant changes to medical details.
- Children on the school grounds must be supervised at all times.
- Should a child set off the fire alarm unnecessarily in reception BTC will bill their parents/guardians for any charge imposed on BTC by the relevant authorities for a false call out.

SPOTS AND BENCH CROSSES

- Velcro spots and crosses on benches have been placed on the floor and benches 2 metres apart in the main hall. Class members will be guided on how and when to move between bench crosses and spots,

MAIN HALL ENTRY

- Once in the main hall class members will be instructed by their coach to move to bench crosses and/or spots by the trampolines.
- The groups will work as one with the coach in tandem to ascend and descend the trampoline and moving between 3 or 4 bench crosses or spots placed 2 metres apart. Each group will move on the instruction of each individual coach. Please see **PLAN 2** attached.

TRAMPOLINE SAFETY

- When using the raised trampolines spotters must be in place.
- Participants must be attentive to the coach and may only attempt new moves after being given permission by the coach.
- Participants may not step on the trampoline when someone else is jumping.
- Only one participant at a time is permitted on the trampoline.
- Participants may not transfer moves from the safety mat to the trampoline unless the coach has given permission.
- Participants may not get involved in 'tests of daring'.
- Participants may not go or swing under the trampoline or end-decks of the raised trampolines.
- Use of the trampoline must only take place when a coach/teacher is present and has given permission.
- Participants may not walk across the trampolines or onto the blue matting around the edges of the trampoline beds.
- Participants may not push anyone into the pit.

- Participants may only use the pit with the coach's permission and under supervision (currently not in use due to COVID-19 restrictions).

TOILET ARRANGEMENTS

- Safe pathways have been created to allow users to distance from others when needing to leave the group for the purpose of using the toilet. However, to minimise the disruption required in moving others to a safe distance in order for facilitate this, we ask that users go to the toilet before attending BTC.

LEAVING THE CENTRE

- When leaving BTC class members will leave in the same method as they entered ie in register order.
- Though parents/carers are not permitted to enter BTC, we request that those collecting children can be seen from reception as their child leaves the main hall and no child leaves BTC without being able to see a parent/carer positioned safely outside.

COACHES

- Coaches may initially wear face covering.
- Currently no coach will undertake manual support or have physical contact with class members unless required in case of accident.
- It is the decision of the coach whether or not to apply first aid. Parents may be contacted to do this if necessary.

GENERAL

- BTC accepts no responsibility for any accident or injury incurred on the premises.
- BTC accepts no responsibility for any loss or damage to personal items left in the reception area or main hall.
- Participants are advised to leave all items of value at home
- Participants must always inform the coach of any medical condition or medication which could affect performance or any accident in the last six months which resulted in unconsciousness from a blow to the head.
- Smoking and vaping are not permitted anywhere on the school site.
- Alcohol is not permitted in the trampoline centre or on the school site.
No animals are permitted in the trampoline centre reception area or on the school site.
- Visitors must not dispose of sanitary products, baby wipes or nappies in the trampoline centre toilets. Such items must be placed in the sanitary bins provided.

REFUND POLICY

BTC operates a no refund policy but will in exceptional circumstances consider refunds on an individual basis.

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